



GoBidud

— FOR SEMS —

far from **HOME** but **NOT ALONE**



Here is a collection of ideas aimed at providing activities for seminary girls in a bidad situation.

We tried to include a range of ideas to tap into the different talents that the girls have.

In addition, we included ideas that range from fun – inspirational.

We hope that you find them helpful.

***You may feel far from home...
but you're not alone!***

ACTIVITY IDEAS

1. PAINT PARTY

There are two types of paint parties on the market.

A. a DIY (do it yourself) Paint Party Kit in which each student gets a kit that includes all materials needed and step by step printed instructions.

(perhaps the girls can even be allowed to choose from a number of options, or maybe the options can be customized to a theme (ex: yom tov or something the seminary is focusing on))

B. a “zoom” paint party

in which each girl gets a “kit” with all materials needed and the instructions are given “live” over zoom and everyone does the painting activity at the same time.

2. EXERCISE

Have a trained exercise instructor come and guide the girls over the loudspeaker system in an aerobics routine

(guide the instructor before hand in the space that the girls have available to them)

Perhaps the routine can be recorded and played once or twice daily so the girls can have some sort of set exercise even in bidud.



3. PARSHA SHEET PROJECT

For medium aged children an aliyah by aliya summary can be prepared

And a short dvar torah and/or a few brief questions and an even more sophisticated very for pre-teens or teens or add in other features ex: parsha riddles , gedolim stories ...depending on how many girls you want to involve...

These can then be offered by email to different anglo communities

4. BIDUD INSPIRATION

There are different formats this can take :

- A.** Have a different girl share an inspirational short story/ thought every day of quarantine
- B.** Have the girls prepare and video or record a collection of inspirational material (story/brief thought etc...)
- C.** Have the girls prepare a collection of chizuk songs and record them

possibly share them with the families of the girls in them seminary or on usb or CD to anglo families in bidud (maybe GoBidud can help distribute)

5. VIDEO SKITS OR PERFORMANCES

There is a tremendous need for “kosher” entertainment for children

Especially during lockdown

Even a short skit done by seminary students with a positive message would go a long way to providing entertainment and giving over important lessons

(great option because it taps in to the creative talents of seminary students (acting / videography/costumes/scenery/ music....)

Again can possibly be recorded on CD/disk on key and shared with the students families or anglo families

6. PEN PAL GAME

May be more appropriate for beginning of the year (before chanuka) when girls are still getting to know each other ...but perhaps can be adapted for later in the year

Each girl receives a name of another girl as a “pen pal” and then try to get to know each other by letters sent to their pen pal over the course of a few days.



7. GOODS AND SERVICE AUCTION / SERVICES CHINESE AUCTION

Can be done for fun or to raise money for a cause
(ex: to prepare one kallah package for a kallah from the Anglo community – ex: Ateres Kallah)

Girls pledge services ex: a free haircut / help studying for a parsha test/ go with you to the kosel / pick up something for you from geulah/ help you find a place for shabbos etc...

And staff can also pledge ex: 5 points free on a test, one unexplained lateness, a 15 minutes schmooze etc...

Then an auction is held with the girls purchasing tickets and putting them in for whichever service they would like to try to win ...after which all the tickets are picked out by raffle

8. PREPARE A SCHOOL COOKBOOK

Have students collect favorite recipes and put them together in a book that either gets distributed as a souvenir or sold

9. SHORT SPECIAL ACTIVITIES THAT THE GIRLS CAN PARTICIPATE IN FROM THEIR ROOMS

Ex: guest speakers, neitz davening , special Hallel over the loudspeaker led by someone with a nice voice, special breakfast – ice coffee and danish , kumzist etc..

10. SEMINARY ART PROJECT

Have each room participate in a bigger seminary wide art project.

Either structured (each room gets materials and detailed instructions how to put together their part of the decoration) ex: a large mosaic style artwork that connects to a theme and each room prepares a section.

Or freestyle each room gets materials and a pasuk to portray and can choose how to present it.



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לעזרה ועידוד לבידוד נא להתקשר

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